



GARMIN

SPONSOR TYTULARNY



GOSPODARZ

Serock



SPONSOR STRATEGICZNY



ORGANIZATOR

Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport

Data: 03.08.2025

Dystans: 1/8 IM

Miejscowość: Serock

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
1	471	Ślupik Tomasz	Warszawa	ENDLESS PAIN	M30	1	00:06:33	00:03:18	00:32:23	00:01:54	00:19:04	01:03:11
2	442	Kończakowski Aleksander	Głowno	TM Iron Team	M16	1	00:07:25	00:02:29	00:34:10	00:01:38	00:18:24	01:04:06
3	554	Duplicki Kamil	Warszawa	Beko	M40	1	00:07:26	00:02:52	00:32:38	00:01:40	00:19:49	01:04:25
4	316	Jopkiewicz Karol	Piotrków Trybunalski	IRON TEAM	M25	1	00:07:23	00:02:59	00:31:49	00:01:54	00:20:51	01:04:55
5	500	Maślanko Maciej	Jeżów	TM Iron Team Gra-Lech s.c - namioty	M30	2	00:07:10	00:03:06	00:33:50	00:01:46	00:19:43	01:05:34
6	558	Baranek Bartosz	Piaseczno	Junior Luft Tri Team	M16	2	00:07:15	00:03:02	00:33:44	00:01:54	00:19:55	01:05:49
7	323	Durzyński Tymoteusz	Syców	Szala Coach	M18	1						01:06:56
8	551	Korulczyk Rafał	Bałtów	TRI AMO	M40	2	00:07:18	00:03:29	00:32:35	00:01:58	00:21:42	01:07:02
9	427	Berent Karol	Białystok	Dawaj Kalach Team	M30	3	00:07:36	00:03:37	00:33:12	00:02:16	00:21:49	01:08:30
10	521	Romański Maciej	Tarnowskie Góry	TriDivision Triathlon Team	M40	3	00:07:09	00:03:33	00:35:28	00:02:16	00:22:24	01:10:49
11	406	Tkachenko Volodymyr	Pruszków	UKS SMS Kapry Pruszkow	M35	1	00:08:42	00:03:50	00:35:30	00:02:02	00:20:47	01:10:50
12	329	Gierasimiuk Grzegorz	Warszawa	TRIGGER TRIATHLON	M40	4	00:08:39	00:03:44	00:35:13	00:01:54	00:21:30	01:11:00
13	294	Jurkowski Tomasz	Warszawa	Triathleticteam	M45	1	00:08:23	00:03:53	00:34:51	00:02:04	00:22:02	01:11:13
14	518	Lopacinski Wojciech	Brzozówka	Endure Team	M18	2	00:07:08	00:03:16	00:37:13	00:02:05	00:21:43	01:11:24
15	461	Tomczuk Filip	Warszawa	TRICLUB	M30	4	00:08:05	00:03:52	00:34:53	00:01:52	00:22:56	01:11:37
16	397	Podwysocki Marcin	Serock	PodwysCoach	M35	2	00:06:57	00:03:58	00:35:37	00:02:11	00:23:31	01:12:14
17	322	Śliwa Tomasz	Częstochowa	Dawaj Kalach Team	M30	5	00:08:06	00:03:44	00:36:55	00:02:31	00:21:08	01:12:23
18	496	Litwiniuk Piotr	Warszawa	Triathletic Team	M40	5	00:07:45	00:03:32	00:35:15	00:02:29	00:23:41	01:12:41
19	458	Matusik Marysia	Góra Kalwaria	Spica Solutions	K18	1	00:07:02	00:04:10	00:37:17	00:02:19	00:22:25	01:13:16
20	515	Nowak Artur	Józefów	LUFT TRI TEAM	M50	1	00:08:04	00:03:25	00:37:07	00:02:02	00:22:39	01:13:16
21	546	Tusiński Marcin	Skierniewice		M35	3	00:08:20	00:03:43	00:35:01	00:02:25	00:23:48	01:13:17
22	408	Majda Damian	Sulejówek	Triathletic Team	M30	6						01:13:33
23	505	Szuder Jan	Hornówek	Triangle Sports	M14	1	00:07:32	00:03:42	00:37:50	00:02:08	00:22:28	01:13:39
24	327	Bułka Bartosz	Wrocław	LABOSPORT Team	M40	6	00:08:04	00:04:03	00:35:33	00:02:00	00:24:03	01:13:42
25	345	Paduszyński Piotr	Warszawa	Triathlon po czterdziestce Triathlon Team Triathlon po czterdziestce	M50	2	00:09:04	00:03:52	00:36:49	00:02:13	00:21:52	01:13:49
26	553	Dolota Iwo	Ożarów Mazowiecki		M16	3	00:06:24	00:04:25	00:38:01	00:01:44	00:23:29	01:14:02
27	547	Sobolewski Jakub	Warszawa	Bractwo Biegowe BGK BGK	M45	2	00:08:36	00:03:31	00:36:50	00:02:07	00:23:04	01:14:08
28	418	Syguła Kacper	Warszawa	KOLARSKI.EU TEAM	M14	2	00:08:29	00:03:54	00:36:49	00:02:00	00:22:56	01:14:08
29	413	Skierkowski Karol	Mława	Twister Team	M40	7	00:07:47	00:03:53	00:35:01	00:02:27	00:25:46	01:14:54
30	360	Wiatr Michał	Konstancin-Jeziorna	Sport2freedom Softtutor Team	M45	3	00:08:27	00:04:10	00:36:52	00:02:45	00:22:42	01:14:56
31	480	Dękierowski Stanisław	Warszawa Ursynów	Luft Tri Team	M16	4	00:07:55	00:03:33	00:37:51	00:02:08	00:23:47	01:15:14
32	513	Rostkowski Arkadiusz	Żelazno	Najmowicz Triathlon	M30	7	00:09:00	00:03:51	00:39:16	00:03:43	00:19:25	01:15:15
33	312	Syguła Mateusz	Michałowice	KOLARSKI.EU TEAM KOLARSKI.EU TEAM	M45	4	00:10:54	00:03:50	00:36:26	00:02:08	00:21:58	01:15:16
34	448	Wójcik Grzegorz	Warszawa	MBC Team	M45	5	00:08:24	00:03:39	00:38:25	00:02:08	00:22:56	01:15:32
35	508	Małańska Julia	Sadowa		K18	2	00:07:07	00:03:24	00:38:23	00:02:11	00:25:15	01:16:20
36	537	Rozwadowski Adam	Marki	TIMBUD TEAM	M50	3	00:08:37	00:03:59	00:37:07	00:02:35	00:24:08	01:16:25
37	318	Szczygieł Anna	Warszawa	KAZIKI	K35	1	00:08:01	00:04:04	00:38:56	00:02:17	00:23:14	01:16:32
38	555	Groszewski Radosław	Gołdap	TRISWIMRUN GOŁDAP	M45	6	00:07:44	00:03:44	00:38:19	00:02:13	00:24:49	01:16:49
39	434	Budżiszewski Piotr	Józefów		M50	4	00:08:29	00:03:42	00:38:51	00:02:39	00:23:09	01:16:50
40	362	Szymanek Adrian	Warszawa		M30	8	00:08:08	00:04:23	00:36:35	00:02:23	00:25:43	01:17:11
41	388	Król Sebastian	Pułtusk		M30	9	00:09:58	00:04:15	00:38:34	00:01:57	00:22:38	01:17:22
42	472	Kossak Joanna	Bobrowiec	Smartendu	K30	1	00:08:16	00:03:37	00:39:29	00:02:26	00:23:36	01:17:23
43	509	Chudzik Rafał	Kętrzyn	Fundacja Drużyna ML	M16	5	00:08:58					01:17:45
44	486	Czajkowski Bartosz	Ilawa	TM Iron Team	M30	10	00:08:39	00:03:53	00:38:44	00:01:58	00:24:36	01:17:49
45	462	Meżykowski Wojciech	Warszawa		M18	3	00:08:13	00:04:41	00:40:07	00:03:19	00:21:31	01:17:50
46	288	Marcinkowski Paweł	Brańszczyk		M40	8	00:07:41	00:04:40	00:35:09	00:02:22	00:28:19	01:18:10
47	482	Kowalski Krzysiek	Łomianki	TRIMP	M30	11	00:10:26	00:04:59	00:36:20	00:03:04	00:23:37	01:18:26
48	445	Horszczaruk Jacek	Warszawa	SZKOŁA TRIATHLONU	M55	1	00:08:30	00:04:17	00:38:46	00:02:36	00:24:39	01:18:48
49	431	Ciesielski Wiktor	Konin	TRITON KONIN	M18	4	00:07:48	00:03:45	00:39:56	00:02:43	00:24:50	01:19:01
50	394	Gruła Dominika	Warszawa	Kuźnia Triathlonu	K30	2	00:07:14	00:04:06	00:41:08	00:02:59	00:23:46	01:19:13
51	443	Światłowski Paweł	Warszawa	Endless Pain	M40	9	00:08:38	00:04:03	00:37:14	00:02:49	00:26:36	01:19:20
52	340	Wielgołaski Adam	Warszawa	PKO Bank Polski	M40	10	00:09:40	00:04:20	00:37:55	00:02:14	00:25:22	01:19:31
53	422	Jurga Damian	Łódź	Kutasiarze	M35	4	00:09:25	00:04:46	00:37:58	00:03:02	00:24:23	01:19:33
54	474	Antoniuk Marcin	Warszawa	SAGE EKSPRESY TRI TEAM	M50	5	00:10:02	00:04:23	00:37:24	00:02:51	00:25:02	01:19:41
55	526	Jakubik Filip	Leszno		M18	5	00:08:59	00:04:07	00:41:25	00:02:36	00:22:40	01:19:47
56	541	Tomaszewska Julita	Legionowo	SK TRI&SWIM Team	K45	1	00:08:50	00:03:54	00:38:42	00:02:32	00:25:59	01:19:56
57	468	Godlewski Marek	Warszawa (Bielany)		M40	11	00:09:44	00:04:36	00:38:30	00:02:40	00:24:27	01:19:57
58	311	Kulikowski Tadeusz	Gołdap		M50	6	00:09:01	00:04:05	00:38:36	00:02:18	00:26:15	01:20:15
59	439	Bartecki Aleksander	Żory	IM Inspiration	M50	7	00:09:58	00:04:21	00:38:36	00:02:54	00:24:30	01:20:19
60	425	Kowalczyk Karol	Warszawa	sport2freedom	M40	12	00:11:20	00:04:41	00:40:18	00:02:33	00:21:37	01:20:29
61	536	Zając Ewa	Warszawa		K40	1	00:09:03	00:04:32	00:39:56	00:02:46	00:24:30	01:20:46
62	331	Łapacz Adam	Legionowo	POWER TRAINING	M16	6	00:08:08	00:03:31	00:39:47	00:01:54	00:27:33	01:20:52
63	367	Domańska Emilia	Warszawa	Triathletic Team	K40	2	00:08:56	00:03:46	00:41:07	00:02:44	00:24:20	01:20:53
64	481	Kostecki Krzysztof	Wola Mrokwowska		M30	12	00:08:20	00:04:12	00:40:06	00:02:56	00:25:32	01:21:06

Pływanie: 1x0,475km

Jazda rowerem: 1x22,5km

Bieg: 1x5,275km



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Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport
Data: 03.08.2025
Dystans: 1/8 IM
Miejscowość: Serock

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
65	297	Świderek Mateusz	Pabianice	Dawaj Kalach Team	M16	7	00:07:55	00:04:58	00:38:59	00:02:27	00:26:50	01:21:08
66	349	Górecki Bartosz	Legionowo		M16	8	00:09:40	00:06:51	00:38:31	00:02:32	00:23:50	01:21:24
67	455	Wołyniec Emilia	Gołdap	GOŁDAP	K40	3	00:09:00	00:03:48	00:40:32	00:02:27	00:25:39	01:21:25
68	531	Kociecki Dariusz	Warszawa	Kuźnia Triathlonu	M40	13						01:21:35
69	310	Butkiewicz Magdalena	Krubin		K45	2	00:09:02	00:04:18	00:40:57	00:02:11	00:25:11	01:21:38
70	293	Kosicki Mateusz	Warszawa	KaszlakTeam	M30	13	00:09:07	00:04:57	00:40:40	00:02:55	00:24:00	01:21:39
71	449	Witkowski Rafał	Nowy Dwór Mazowiecki		M30	14	00:10:00	00:03:36	00:38:22	00:02:25	00:27:59	01:22:22
72	464	Ostrowski Mateusz	Łódź	IM Inspiration / Razem Trenujemy Sport	M35	5	00:09:35	00:04:40	00:40:30	00:03:08	00:24:47	01:22:40
73	540	Sobota Krzysztof	Jabłonna	Bravehearts Legionowo	M35	6	00:09:17	00:04:09	00:40:49	00:02:33	00:26:39	01:23:27
74	328	Madej Maria	Białobrzegi		K18	3	00:07:56	00:04:36	00:41:46	00:02:42	00:26:34	01:23:34
75	290	Dziubek Maciej	Warszawa		M35	7	00:10:18	00:04:20	00:41:02	00:02:44	00:25:30	01:23:53
76	532	Walecka Sylwia	Warszawa		K50	1			00:43:11	00:03:05	00:27:44	01:24:39
77	533	Karłowicz Krzysztof	Warszawa	KAZIKI	M30	15	00:09:23	00:05:27	00:39:10	00:03:50	00:26:53	01:24:43
78	498	Kowalski Wiktor	Michałów-Grabina	SK TRI&SWIM Team	M25	2						01:24:55
79	542	Grabowski Tomasz	Warszawa	Kuźnia Triathlonu	M60	1						01:25:01
80	450	Różalska Aleksandra	Elbląg	ETT Elbląg Triathlon Team	K45	3	00:09:13	00:04:23	00:43:00	00:02:42	00:25:47	01:25:04
81	479	Bojarczuk Irena	Siennica Nadolna	Ruch Izbica	K18	4	00:09:48	00:04:45	00:41:46	00:02:39	00:26:25	01:25:22
82	306	Krasuska Dorota	Juszkowo		K40	4	00:12:35	00:04:48	00:40:17	00:02:30	00:25:31	01:25:40
83	419	Łatkowski Łukasz	Chotomów	Grupa Biegowa CHTMO	M45	7	00:12:33	00:05:21	00:42:07	00:02:05	00:23:57	01:26:02
84	411	Bielecki Artur	Warszawa		M30	16	00:08:30	00:04:45	00:43:55	00:02:32	00:26:35	01:26:17
85	357	Pociej Bohdan	Płock	PTT DELTA	M65	1	00:09:52	00:05:24	00:40:27	00:02:52	00:28:17	01:26:52
86	514	Katovich Anton	Warszawa		M25	3	00:10:54	00:04:42	00:45:23	00:02:40	00:23:15	01:26:54
87	400	Berta Damian	Radzymin	Radzymin Run Team	M45	8	00:09:12	00:04:00	00:41:31	00:02:42	00:29:38	01:27:03
88	424	Franke Piotr	Warszawa		M35	8	00:09:37	00:05:17	00:43:09	00:02:08	00:26:56	01:27:07
89	463	Nowak Szymon	Warszawa		M18	6	00:11:26	00:05:38	00:41:26	00:02:50	00:25:53	01:27:12
90	493	Lindholm Oliver	Warszawa	Junior Luft Tri Team	M16	9	00:08:46	00:04:06	00:42:30	00:02:16	00:30:03	01:27:40
91	441	Ślupecki Kamil	Legionowo	TRICLUB	M35	9	00:10:14	00:04:40	00:40:22	00:03:01	00:29:35	01:27:52
92	485	Seferyniak Jacek	Warszawa	PKO BP	M45	9	00:10:54	00:05:16	00:41:57	00:02:31	00:27:19	01:27:57
93	372	Kosiorek Łukasz	Białystok	Podlaskie Kocury	M45	10	00:10:01	00:06:04	00:42:15	00:03:15	00:26:26	01:28:01
94	538	Śliwka Maciej	Warszawa		M30	17	00:09:49	00:04:50	00:40:17	00:02:56	00:30:29	01:28:20
95	330	Herzog Piotr	Pietrzykowie		M16	10	00:08:27	00:04:58	00:44:50	00:03:05	00:27:01	01:28:21
96	501	Pawluczyk Adam	Warszawa	Oyama Karate Radom 1988	M35	10	00:08:48	00:05:18	00:45:56	00:03:09	00:25:11	01:28:22
97	563	Potoroka Vitalii	Piastów	Rozbiegany Piastów	M25	4	00:14:32	00:05:15	00:43:03	00:02:05	00:23:37	01:28:32
98	539	Kil Tomasz	Zambrów	SportowePaliwo.pl	M40	14	00:10:19	00:05:30	00:41:22	00:03:17	00:28:07	01:28:34
99	483	Wojdyła Teresa	Warszawa	Smartendu	K18	5	00:09:10	00:03:59	00:45:14	00:02:31	00:28:00	01:28:53
100	387	Laska Mariusz	Warszawa		M40	15	00:09:41	00:04:11	00:41:51	00:02:58	00:30:18	01:28:58
101	535	Hołubowicz Piotr	Granica	Granica Warriors	M50	8	00:11:21	00:05:02	00:42:00	00:03:32	00:27:09	01:29:04
102	495	Maul Michał	Legionowo	Bestie OCR Legionowo	M30	18	00:09:03	00:05:23	00:41:56	00:02:53	00:29:52	01:29:06
103	497	Chudzik Agnieszka	Kętrzyn	Fundacja Drużyna ML	K14	1	00:09:59	00:04:26	00:43:21	00:02:43	00:29:04	01:29:32
104	405	Piórkowska Martyna	Warszawa		K30	3	00:12:31	00:04:55	00:43:08	00:03:53	00:25:07	01:29:33
105	433	Proczuchan Anastazja	Warszawa	SZKOŁA TRIATHLONU	K18	6	00:13:05	00:04:18	00:39:05	00:02:35	00:30:33	01:29:35
106	475	Sowa Ania	Warszawa	Benefit Systems Team	K35	2	00:10:10	00:04:37	00:44:35	00:02:39	00:27:50	01:29:51
107	494	Mużyło Tomasz	Elk		M45	11	00:10:18	00:04:38	00:45:01	00:02:44	00:27:17	01:29:57
108	307	Wojtczak Krzysztof	Słupno	SZKOŁA TRIATHLONU	M40	16	00:09:24	00:06:51	00:41:44	00:03:36	00:28:25	01:29:59
109	346	Staroń Łukasz	Warszawa	Ną Farmazą	M35	11	00:08:26	00:05:25	00:41:36	00:02:59	00:31:41	01:30:06
110	371	Szczepaniec Sylwia	Łódź		K40	5	00:11:22	00:04:31	00:42:37	00:02:49	00:29:25	01:30:44
111	435	Mazur Andrzej	Otwock		M50	9	00:09:57	00:05:15	00:43:01	00:03:07	00:29:31	01:30:51
112	396	Iwanek Jakub	Lublin		M35	12	00:09:54	00:05:05	00:42:45	00:03:10	00:30:01	01:30:55
113	303	Zawardzin Robert	Warszawa	PKO Bank Polski	M45	12	00:11:19	00:05:27	00:43:06	00:03:06	00:28:01	01:30:59
114	389	Tomszys Piotr	Warszawa	Asseco Active Team	M60	2	00:11:01	00:05:04	00:42:56	00:02:58	00:29:18	01:31:12
115	457	Wojciechowska Kaja	Warszawa		K30	4	00:11:54	00:04:07	00:43:25	00:03:03	00:28:56	01:31:25
116	348	Śliwka Michał	Zatory		M35	13	00:11:50	00:06:21	00:45:30	00:02:48	00:24:59	01:31:28
117	520	Zambrowska Joanna	Pruszków	Trinity Triathlon Team	K35	3	00:10:51	00:05:05	00:44:53	00:03:06	00:27:36	01:31:30
118	385	Lackorzyński Krzysztof	Nowy Dwór Mazowiecki		M35	14	00:09:36	00:05:12	00:45:10	00:02:26	00:29:27	01:31:50
119	359	Makosa Adrian	Przedbórz		M45	13	00:10:14	00:05:53	00:42:33	00:03:03	00:30:16	01:31:58
120	453	Karpechenko Artem	Warszawa	RUN_WAWA_RUN	M30	19	00:08:57	00:05:48	00:48:04	00:02:57	00:26:25	01:32:11
121	384	Rzepecki Piotr	Koluszki	LKS Koluszki	M35	15	00:09:37	00:05:48	00:45:08	00:02:54	00:28:45	01:32:11
122	339	Łukaszek-Zadrozna Anna	Warszawa	TRICLUB	K40	6	00:11:04	00:06:02	00:43:56	00:04:02	00:27:34	01:32:37
123	429	Wójcik Maciej	Konstancin-Jeziorna		M16	11	00:09:11	00:05:39	00:46:32	00:03:05	00:28:18	01:32:45
124	487	Kawko Marcin	Suwałki	UKS Rutka	M30	20	00:11:12	00:06:46	00:43:22	00:02:55	00:28:51	01:33:06
125	402	Weiland Robert	Warszawa		M25	5			00:46:16	00:03:58	00:29:57	01:33:11
126	473	Samakhval Aliaksandr	Gdańsk		M35	16	00:10:21	00:05:50	00:44:31	00:03:22	00:29:09	01:33:13
127	525	Laskowski Jan	Mińsk Mazowiecki		M25	6	00:12:03	00:05:52	00:43:47	00:02:42	00:28:53	01:33:17
128	492	Matusiak Piotr	Warszawa (Bemowo)	Hasten Triathlon Team	M50	10	00:10:26	00:06:53	00:42:04	00:03:52	00:30:09	01:33:23

Pływanie: 1x0,475km
Jazda rowerem: 1x 22,5km
Bieg: 1x5,275km



SPONSOR TYTULARNY
GARMIN



Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport
Data: 03.08.2025
Dystans: 1/8 IM
Miejscowość: Serock

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
129	373	Mika Karol	Warszawa		M25	7	00:09:46	00:05:15	00:45:09	00:03:02	00:30:34	01:33:45
130	289	Sakowicz Marta	Warszawa		K30	5	00:09:27	00:05:43	00:45:55	00:03:29	00:29:15	01:33:48
131	374	Drozd Damian	Legionowo		M25	8						01:34:18
132	506	Kosewski Michał	Warszawa		M25	9	00:08:54	00:04:44	00:46:04	00:02:32	00:32:06	01:34:19
133	550	Gronowski Arkadiusz	Warszawa		M35	17	00:13:15	00:04:59	00:45:41	00:03:47	00:26:53	01:34:34
134	556	Skrzypczak Krzysztof	Warszawa		M35	18	00:09:34	00:06:04	00:46:17	00:03:22	00:29:50	01:35:06
135	454	Rożek Maciej	Warszawa		M35	19	00:09:01	00:04:54	00:43:01	00:03:42	00:34:36	01:35:14
136	447	Albin Hanna	Warszawa	Junior Luft Tri Team	K16	1	00:08:07	00:05:28	00:47:33	00:02:56	00:31:14	01:35:18
137	381	Rzewuska Sylwia	Warszawa		K30	6	00:09:38	00:05:28	00:47:59	00:02:50	00:29:29	01:35:23
138	484	Góral Łukasz	Łomianki		M40	17	00:09:38	00:05:57	00:45:07	00:03:36	00:31:10	01:35:27
139	386	Porejko-Kowalska Justyna	Warszawa		K35	4	00:11:07	00:05:01	00:47:05	00:03:20	00:29:02	01:35:35
140	361	Jankowski Michał	Chotomów		M35	20	00:10:16	00:04:48	00:47:20	00:02:39	00:30:33	01:35:35
141	548	Lewandowski Marek	Luboń		M65	2						01:35:44
142	437	Łepik Paula	Warszawa	Trimasters	K35	5	00:12:28	00:05:03	00:44:00	00:03:37	00:30:44	01:35:52
143	489	Idzikowska Weronika	Zielona Góra	UKS Rutka	K25	1	00:11:20	00:06:30	00:45:37	00:03:02	00:29:30	01:35:59
144	301	Horniatkiewicz Aleksander	Zieleniewo Gm.Kołobrzeg	Kołobrzeg	M65	3	00:12:57	00:06:43	00:47:08	00:03:47	00:25:46	01:36:21
145	476	Kowalska Katarzyna	Otrębusy	Benefit Systems Team	K30	7	00:11:54	00:04:48	00:47:26	00:03:16	00:29:26	01:36:49
146	528	Suczyk Arkadiusz	Piaseczno	PKO Bank Polski	M45	14	00:10:08	00:06:37	00:42:28	00:03:36	00:34:15	01:37:03
147	543	Marzec Artur	Lublin	Meteor	M50	11	00:13:34	00:05:47	00:45:16	00:02:13	00:30:35	01:37:24
148	344	Pieniek Piotr	Warszawa		M40	18	00:11:16	00:05:00	00:47:44	00:02:34	00:31:02	01:37:35
149	399	Kot Grzegorz	Karczew		M18	7	00:09:54	00:05:32	00:44:01	00:03:20	00:34:52	01:37:38
150	523	Katsiura Ihar	Warszawa		M35	21	00:11:05	00:05:35	00:47:08	00:03:09	00:30:45	01:37:41
151	559	Kowalczyk Arkadiusz	Warszawa		M55	2	00:12:17	00:05:45	00:47:15	00:02:23	00:30:17	01:37:57
152	286	Janeczko Violetta	Warszawa	Targówek	K50	2	00:10:41	00:05:06	00:48:20	00:02:46	00:31:11	01:38:04
153	545	Karasiński Marcin	Jabłonna		M25	10	00:12:31	00:06:04	00:46:14	00:02:55	00:30:38	01:38:22
154	428	Łatkowska Monika	Chotomów	Grupa Biegowa CHTMO	K50	3	00:14:42	00:04:54	00:47:06	00:03:02	00:28:49	01:38:33
155	517	Osiński Tomasz	Radom		M50	12	00:11:48	00:06:50	00:40:12	00:03:10	00:36:35	01:38:34
156	412	Zapendowski Szytek	Legionowo	Palestra Pływania	M50	13	00:10:14	00:06:54	00:42:55	00:03:59	00:34:35	01:38:37
157	423	Wąsowska Karolina	Warszawa		K35	6	00:12:11	00:05:12	00:47:56	00:02:46	00:30:35	01:38:39
158	403	Pawełtas Krzysztof	Nowy Dwór Mazowiecki		M25	11	00:09:37	00:05:58	00:46:06	00:03:15	00:33:47	01:38:42
159	325	Surynt Andrzej	Elk		M50	14	00:13:48	00:06:00	00:42:54	00:04:09	00:32:07	01:38:57
160	391	Kulakowska Klaudia	Warszawa	Asseco Active Team	K18	7	00:09:49	00:06:58	00:48:08	00:02:36	00:31:37	01:39:07
161	552	Liubich Yevhen	Warszawa		M35	22	00:11:14	00:07:26	00:45:27	00:04:12	00:30:49	01:39:07
162	510	Jarosik Michał	Obryte		M18	8	00:15:26	00:05:31	00:47:06	00:02:26	00:28:58	01:39:27
163	534	Witkowski Hubert	Łódź (Łódź-Widzew)		M40	19	00:11:29	00:06:53	00:49:21	00:03:22	00:28:23	01:39:28
164	438	Jurczak Monika	Michałów-Grabina		K50	4	00:09:56	00:05:43	00:49:10	00:03:30	00:31:20	01:39:38
165	557	Szul Marta	Warszawa	TRICLUB	K35	7	00:11:55	00:05:40	00:45:59	00:04:01	00:32:04	01:39:39
166	465	Szeluga Dawid	Legionowo		M25	12	00:12:30	00:05:54	00:50:40	00:02:10	00:28:30	01:39:44
167	369	Osiński Dariusz	Warszawa		M35	23	00:14:32	00:05:41	00:45:22	00:03:06	00:31:05	01:39:46
168	467	Kleczkowski Adrian	Warszawa		M30	21	00:13:20	00:05:40	00:47:27	00:02:56	00:30:28	01:39:51
169	466	Krzyżaniak Katarzyna	Gliwice		K40	7	00:09:25	00:06:05	00:51:30	00:02:53	00:30:16	01:40:09
170	417	Tkaczyk Mariusz	Warszawa	Kolarska Grupa Białotęcka	M50	15	00:12:35	00:09:49	00:46:49	00:07:20	00:23:41	01:40:14
171	376	Borowska Marta	Warszawa		K25	2	00:12:50	00:06:13	00:49:08	00:02:32	00:29:37	01:40:19
172	502	Lipski Łukasz	Milanówek		M35	24	00:12:39	00:06:34	00:43:18	00:04:00	00:33:52	01:40:22
173	382	Marczak Aleksandra	Warszawa		K30	8	00:08:37	00:06:32	00:48:31	00:03:18	00:33:25	01:40:23
174	516	Kowalski Kacper	Warszawa - Polska		M25	13	00:10:02	00:05:55	00:47:58	00:03:42	00:32:53	01:40:29
175	363	Małkowska Maria	Warszawa		K50	5	00:13:11	00:05:19	00:49:32	00:03:39	00:28:57	01:40:37
176	347	Umiastowska Julia	Łomianki		K18	8	00:11:09	00:05:56	00:47:07	00:04:11	00:32:43	01:41:05
177	342	Dernałowicz Daniel	Milanówek		M35	25	00:14:16	00:06:50	00:47:49	00:02:50	00:29:36	01:41:20
178	444	Jachymiak Krzysztof	Nowy Targ		M18	9	00:11:49	00:05:14	00:47:21	00:02:56	00:34:01	01:41:21
179	426	Łatkowski Piotr	Chotomów	Grupa Biegowa CHTMO	M16	12	00:11:36	00:05:16	00:49:59	00:02:14	00:32:24	01:41:28
180	549	Idzkowski Piotr	Pruszków		M35	26	00:13:56	00:06:21	00:46:26	00:02:40	00:32:10	01:41:32
181	404	Boczula Bartosz	Nowy Dwór Mazowiecki		M35	27	00:13:38	00:06:31	00:46:01	00:03:20	00:32:11	01:41:40
182	420	Gońda Katarzyna	Pruszków		K18	9	00:10:08	00:05:33	00:48:03	00:03:21	00:34:44	01:41:49
183	469	Melon Piotr	Warszawa Praga Północ		M40	20						01:41:50
184	364	Wasik Wiktor	Stanisławów Drugi		M14	3	00:10:12	00:04:46	00:51:30	00:03:21	00:32:09	01:41:57
185	446	Sakowski Miłosz	Elk		M18	10	00:13:11	00:07:36	00:46:18	00:02:54	00:32:13	01:42:11
186	432	Szczęsny Szymon	Warszawa	Trimasters	M35	28	00:12:36	00:06:00	00:48:34	00:04:10	00:30:58	01:42:17
187	529	Rosiński Mariusz	Serock		M50	16	00:11:56	00:05:27	00:52:16	00:02:38	00:30:06	01:42:23
188	319	Głogowska Patrycja	Wrocław		K30	9	00:09:46	00:05:17	00:49:36	00:03:47	00:34:21	01:42:47
189	292	Sławicki Grzegorz	Wólka Dworska	TRICLUB	M45	15	00:12:46	00:05:37	00:44:05	00:04:26	00:35:56	01:42:50
190	459	Mielczarek Michał	Warszawa	Coca-Cola	M40	21	00:11:10	00:09:19	00:53:17	00:03:40	00:25:30	01:42:56
191	421	Siemko Jakub	Warszawa		M18	11	00:11:02	00:07:02	00:47:46	00:05:00	00:32:22	01:43:11
192	352	Hammermeister Artur	Warszawa		M25	14	00:12:22	00:05:06	00:47:37	00:02:54	00:35:17	01:43:16

Pływanie: 1x0,475km
Jazda rowerem: 1x22,5km
Bieg: 1x5,275km



SPONSOR TYTULARNY

GARMIN

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SPONSOR STRATEGICZNY



ORGANIZATOR



Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport

Data: 03.08.2025

Dystans: 1/8 IM

Miejscowość: Serock

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
193	527	Banasik Tomasz	Teresin		M30	22	00:11:00	00:08:09	00:47:45	00:03:09	00:33:14	01:43:17
194	477	Wnuk Anna	Warszawa - Polska	WARSAW MASTERS TEAM/ CTS Czaja	K55	1	00:11:14	00:05:19	00:48:57	00:04:15	00:34:21	01:44:05
195	504	Modrzejewska-Hoinka Barbara	Warszawa (Praga-Południe)		K35	8	00:12:04	00:06:26	00:47:43	00:04:42	00:33:18	01:44:12
196	393	Czapińska Katarzyna	Warszawa	SZKOŁA TRIATHLONU	K40	8	00:12:39	00:05:25	00:47:51	00:03:12	00:35:17	01:44:23
197	398	Wardak Magdalena	Warszawa - Polska		K25	3	00:13:42	00:06:17	00:47:50	00:02:39	00:34:13	01:44:41
198	491	Adamczyk Dariusz	Ciechanów		M50	17	00:11:37	00:06:41	00:46:51	00:03:44	00:37:21	01:46:13
199	503	Winiecka Martyna	Włocławek	Iron House Triathlon Włocławek	K18	10	00:11:47	00:05:43	00:50:27	00:03:28	00:35:02	01:46:27
200	499	Gąsior Wiktoria	Grabów Nad Pilicą		K18	11	00:14:18	00:05:07	00:50:40	00:03:36	00:33:02	01:46:43
201	356	Fidor- Idzikowska Karolina	Warszawa		K25	4	00:13:39	00:05:17	00:49:13	00:03:16	00:35:28	01:46:53
202	334	Wyganowska Anna	Okuniew		K50	6	00:14:41	00:05:39	00:49:16	00:03:01	00:34:21	01:46:58
203	287	Durak Karol	Warszawa		M35	29	00:11:33	00:05:36	00:55:44	00:02:46	00:31:28	01:47:07
204	335	Komorowski Marcin	Otwock		M45	16	00:14:15	00:05:51	00:49:53	00:03:04	00:34:22	01:47:24
205	560	Banaszczyk Arkadiusz	Ożarów Mazowiecki	IM Inspiration	M50	18	00:12:40	00:05:57	00:45:30	00:04:55	00:40:57	01:49:58
206	456	Simaan-Zapendowska Margaret	Legionowo		K50	7	00:12:52	00:06:16	00:46:55	00:04:02	00:40:36	01:50:41
207	333	Płochocki Marcin	Marki		M35	30	00:18:59	00:07:37	00:50:06	00:03:12	00:30:54	01:50:47
208	409	Więch Łukasz	Warszawa - Polska		M40	22	00:12:32	00:08:02	00:48:08	00:03:40	00:40:05	01:52:27
209	392	Pielacha Julia	Warszawa		K25	5	00:13:21	00:05:57	00:49:50	00:03:55	00:39:37	01:52:39
210	530	Jurczak Andrzej	Michałów-Grabina		M50	19	00:12:17	00:07:36	00:49:56	00:03:00	00:40:06	01:52:54
211	353	Bąbolska Amelia	Legionowo		K16	2	00:12:46	00:05:36	00:57:04	00:02:53	00:34:54	01:53:12
212	350	Zabrocka Anna	Warszawa (Mokotów)		K40	9	00:12:51	00:07:10	00:57:34	00:03:00	00:33:17	01:53:51
213	561	Pirch Zuzanna	Ligny Szlacheckie		K18	12	00:14:07	00:07:53	00:53:18	00:03:00	00:35:48	01:54:05
214	305	Izdebska Renata	Lublin		K70	1	00:14:19	00:06:40	00:53:47	00:03:17	00:36:18	01:54:21
215	507	Stennett Christopher	Warsaw	Warsaw International Triathlon Club	M30	23	00:11:59	00:07:01	00:48:31	00:04:13	00:43:04	01:54:48
216	343	Pepel Jarosław	Halinów		M35	31	00:13:12	00:05:40	00:55:07	00:02:39	00:38:55	01:55:32
217	377	Novikava Hanna	Warszawa		K30	10	00:14:56	00:08:04	00:52:51	00:04:05	00:36:25	01:56:20
218	395	Kamińska Olga	Warszawa	Warsaw Masters Team	K30	11	00:08:26	00:07:04	00:55:43	00:05:32	00:41:21	01:58:06
219	416	Brajta Dawid	Skubianka		M35	32	00:11:05	00:06:44	00:53:50	00:03:01	00:43:50	01:58:30
220	291	Gawędziński Ireneusz	Warszawa		M45	17	00:09:39	00:06:31	00:53:38	00:04:30	00:44:34	01:58:51
221	338	Detmer Nikola	Toruń		K18	13	00:14:01	00:07:25	00:58:44	00:03:21	00:36:12	01:59:42
222	365	Janiszewska Kornelia	Warszawa		K18	14	00:18:08	00:08:24	00:51:12	00:04:15	00:41:23	02:03:21
223	375	Balas Aleksander	Warszawa (Praga-Południe)		M25	15	00:12:14	00:07:09	00:56:08	00:07:25	00:41:47	02:04:42
224	451	Karski Jarosław	Legionowo	PwC Tri	M50	20	00:13:15	00:09:55	00:51:42	00:05:45	00:45:03	02:05:39
225	302	Horniatkiewicz Małgorzata	Zieleniewo Gm. Kołobrzeg	Kołobrzeg	K60	1	00:14:27	00:07:38	00:58:49	00:03:50	00:41:16	02:06:00
226	452	Astapenia Ryhor	Warszawa	CNI Training Club Maldzis Initiative	M35	33	00:16:03	00:09:54	00:58:58	00:04:23	00:37:41	02:06:59
227	299	Awchack Kister	Radzymin		M25	16	00:13:49	00:10:19	01:02:44	00:03:20	00:37:32	02:07:44
228	300	Staszewski Paweł	Radzymin		M55	3	00:16:42	00:07:36	01:02:43	00:03:15	00:37:34	02:07:50
229	460	Sęk Mateusz	Brwinów	Coca-Cola	M40	23	00:22:42	00:10:09	01:08:56	00:03:44	00:23:30	02:09:00
230	326	Zaorski Mateusz	Legionowo		M35	34	00:17:40	00:08:18	00:58:01	00:04:13	00:44:06	02:12:18
562		Kamiński Jakub	Pastęk		M30		00:08:31	00:04:02				DNF
401		Kępiński Franek	Warszawa (Wilanów)	Junior Luft Tri Team	M14		00:07:20					DNF
519		Wolski Łukasz	Warsaw	TRIAMO	M40							DNS
522		Pawlik Karolina	Warszawa (Bielany)		K30							DNS
524		Jasińska Agnieszka	Warszawa		K40							DNS
544		Powroźnik Grzegorz	Jasionka		M50							DNS
295		Bartko Maciej	Skierniewice		M35							DNS
296		Szymczak Artur	Żyrardów		M40							DNS
298		Konefal Grzegorz	Skrzeszew		M40							DNS
308		Stefańska Olga	Warszawa	Junior Luft Tri Team	K16							DNS
309		Modzelewska Anna	Mysiadło		K35							DNS
313		Czapiński Bartosz	Siedlce	Triathlon Siedlce Club	M50							DNS
314		Zalewska Ewa, Agnieszka	Warszawa		K25							DNS
315		Piecowska Zuzanna	Warszawa		K25							DNS
317		Chmiel Dorota	Nowy Duninów	PTT Delta Płock	K60							DNS
320		Tomicka Marta	Warszawa - Polska		K40							DNS
321		Kryszkiewicz Paweł	Ewa Beach		M50							DNS
324		Marcjaniuk Robert	Warszawa		M40							DNS
332		Ptaszek-Kwolek Agnieszka	Stężycza		K40							DNS
336		Dobrzyńska Dominika	Toruń		K30							DNS
337		Chmielewski Gabor	Lipno		M30							DNS
341		Witkowski Adam	Zegrze Południowe		M45							DNS
351		Pikora Mateusz	Piastów		M35							DNS
354		Lichnowski Przemysław	Płock	Sandacz'15	M30							DNS
355		Mendoza Raymond Bonn	Warszawa		M40							DNS
358		Płochocka Sara	Warszawa		K18							DNS

Pływanie: 1x 0,475km

Jazda rowerem: 1x 22,5km

Bieg: 1x5,275km

SPONSOR TYTULARNY



GOSPODARZ



SPONSOR STRATEGICZNY


Dealer Audi
Porsche Poznań Franowo

ORGANIZATOR



Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport
Data: 03.08.2025
Dystans: 1/8 IM
Miejscowość: Serock

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
	366	Wojtarek Mariusz	Warszawa		M35							DNS
	368	Przepiórkowski Łukasz	Głusków		M40							DNS
	378	Jakóbowska Dorota	Bielsko-Biała	TOMICA COACHING Peak Frost	K40							DNS
	379	Mił Sebastian	Warszawa		M40							DNS
	380	Mił Julian	Warszawa		M14							DNS
	383	Marczak Maciej	Warszawa (Targówek)		M40							DNS
	390	Adamski Jarosław	Warszawa	Asseco Active Team	M55							DNS
	407	Bralski Konrad	Elbląg		M25							DNS
	410	Marciniak Piotr	Warszawa	Relentless Triathlon Team	M18							DNS
	430	Małuszyński Michał	Stara Gdka		M40							DNS
	470	Orłowski Mariusz	Warszawa (Bielany)		M35							DNS
	488	Napiórkowski Jakub	Włocławek		M30							DNS

Pływanie: 1x 0,475km
Jazda rowerem: 1x 22,5km
Bieg: 1x5,275km